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 Sultan Al Nevadi wears the Bio-Monitor smart shirt and headband that gauge the body's response to microgravity.

Al Neyadi wears 'Astroskin', hails it as a 'game-changer'

The high-tech garment monitors vital health stats

DUBAI

BY SAJILA SASEENDRAN Senior Reporter

AE astronaut Sultan Al Neyadi, currently on the longest Arab space mission aboard the International Space Station (ISS), yesterday showcased a special Bio-Monitor smart shirt or "Astroskin" and headband. The high-tech garments monitor vital health stats, including heart rate and blood pressure, providing valuable insights into the body's response to microgravity.

"This technology can be a game-changer for remote health care," Neyadi said.

Developed by the Canadian Space Agency (CSA), it has already been used to enhance sports performance by elite athletes.